

INCLUSION OF REFUGEES THROUGH SPORTS IN THE MUNICIPALITY OF HERAKLION



FIT FOR ALL



**MUNICIPALITY OF
HERAKLION**





INTRODUCTION

The refugee flows toward Greece, from countries that are at war have affected the whole society. Depending on the needs that have emerged for people who have found shelter in our country, and particularly families with children, has been given the opportunity to join in hosting structures of the city.

The municipality of Heraklion early on participated in the restoration of these families along with non-governmental organizations and State structures offering assistance in the integration of refugees into society.

Within the framework of this concerted effort to integrate refugee families into the local community, **the Department of European Programmes of the Municipality of Heraklion** in collaboration with the Development Agency of Crete, the Social Development of Municipality of Heraklion and the Sports Company of Municipality of Heraklion, has proceeded with the implementation of the European program entitled "Inclusion of refugees through sports in the Municipality of Heraklion," "FIT FOR ALL" according to EAC - 2017-0495.



The program "FIT FOR ALL" is the only program that was adopted in Greece by the European Union and is an innovative program for the inclusion of refugees into local communities through sports and it is hosted in the Municipal sports centers of the city.

Fit for All is supported by all local sports organizations in the city, the municipal sports centers, the staff and interpreters of the Development of Crete organisation, the staff of Municipal sports Facilities and Social Structures of Municipality of Heraklion. Implementation begins in January 2018 and ends in 31/12/2018.

OBJECTIVE of the PROGRAM

The main objective of the program is the integration of refugees into society and their participation in sporting activities which are already implemented in the sports centers of the municipality of Heraklion.

The program offers the possibility to beneficiaries depending on age and interests to join sporting activities daily and to enjoy the same benefits as other citizens of the city. In addition, creates and implements new sporting activities where refugees and locals can participate for their own benefits.

VENUES FOR THE PROGRAM

The program will be hosted in the following municipal sport facilities:

- Pankrition Stadium, Lido area
- HERAKLION ARENA, Indoor Facility New Halicarnassus Area
- Municipal Sports and Cultural Centre of Heraklion (DAPKI), Pateles area

Despite the above venues, the program will be also hosted in a wide range of venues around the city, close the accommodation areas of the participants, with the contribution of Physical Activities Instructors in the area o fitness and wellness.

An aerial photograph of the Pankrition Stadium, showing the large stadium with a green field and red track, surrounded by other sports facilities like tennis courts and a swimming pool. The stadium is situated on a coastal area with a road and parking lots nearby.

PANKRITION STADIUM

A photograph of the Heraklion Arena, a large, multi-story brick building with a modern architectural style, featuring a prominent entrance and a large glass facade.

HERAKLION ARENA

A photograph of the Municipal Sports and Cultural Centre of Heraklion, a modern building with a glass facade and a red roof, with a group of people gathered in front.

Municipal Sports and Cultural Centre of Heraklion



PANKRITON STADIUM

The Pancretan Stadium, located west of the city in a area of Lido, nearby to major motorways, has a capacity of 26.240 spectators and is one of the most modern stadiums in the country. Being an Olympic facility for the Athens 2004 Games, it hosted five qualifying football matches for men and five for women, the men's quarterfinal match and one women's semifinal match.

It is currently being used as a training center for the team Ergotelis FC and also serves as the home ground for the SUPERLEAGUE Championship and Cup games in Greece. It has hosted international matches of the national football team the track and field event Tsiklitoria 2004, the international athletics games of the Mediterranean Islands. Not only has it hosted the Deep Purple concert as well as concerts of distinguished Greek composers and performers but also dozens of panhellenic and local athletic events.



It consists of two football pitches of FIFA and UEFAI specifications, an eight-lane track as well as an auxiliary six-lane track for athletics, a municipal gymnasium, an indoor swimming pool (25 m), multisport hall, sport halls for wrestling, boxing, fencing, dance, weightlifting, target airgun shooting, tae kwon do, a rowing simulator, surgery, physiotherapy center with a sauna and a Jacuzzi, conference/seminar rooms, a cafeteria and a showroom with photos and exhibits of the Athens 2004 Olympics and Special Olympics 2011.

The Pancretan Stadium is a versatile athletic center capable of hosting international and national competitions and it can be an attraction for recreational and cultural activities for the whole family.

MUNICIPAL SPORTS AND CULTURAL CENTRE OF HERAKLION

The Municipal Sports and Cultural Centre of Heraklion (DAPKI) is an ultramodern facility where people of all ages can enjoy physical activity. Located in the area of Pateles and covering a total of 1.800sq.metres, it attracts a large number of people daily. It includes a complete line of



equipment both for aerobic exercise and muscle strengthening, a room for group programs, a surgery, locker rooms, a café and a cantina, parking space, seminar room, and a sports hall. It is easily accessible by people with disabilities following the international regulations. It hosts local sports clubs while the specialized staff is at your disposal to develop an appropriate fitness program depending on your body type needs and physical condition. In addition all the members can have free access to the computers found at the well-equipped Internet Point. The DAPKI a multipurpose sports center with experienced staff has the capability to accommodate sport and cultural events, providing high quality services.

HERAKLION ARENA INDOOR SPORTS FACILITY

The Heraklion Arena Indoor Sports Facility of Heraklion located in Dio Aorakia, Nea Alikarnassos of the Municipality of Heraklion is within walking distance from the airport and the port of Heraklion.

The large indoor sports facility of Heraklion has a capacity of 5.222 and is the only indoor sports facility in Crete which can accommodate major sporting events of international standards (European and Worldwide) in sports such as basketball, volleyball, handball, gymnastics and trampoline, sports acrobatics, boxing, wrestling, fencing, badminton, table tennis, judo, contact sports, weightlifting, rhythmic gymnastics and sports for the physically challenged.



It features a central hall international standard auxiliary gym/training hall with two sports halls of international standards which can host simultaneously up to two different team groups, empowered room, surgery ,VIP secure area, conference room, electronic surveillance system, modern air conditioning and heating, modern audio systems, parking space, electronic scoreboards and access to all areas by the disabled.

All of the above features make it possible for the large indoor sports facility of Heraklion to accommodate any artistic or cultural events such as concerts, theatrical performances and major sports events.

ELIGIBLE PARTICIPANTS OF THE PROGRAM

Eligible participants of the program are refugees or immigrants that are hosted in any social municipal network or social structure of Heraklion city and legally stay in Greece. Eligible participants can be adults or kids, despite their language, religion, origin or mother language and prior experience in sports.

NESECARY PAPER WORK

For the participation in the program, is vital, each participant to fill, sign and deposit an application form, accompanied by medical certificates of good health and legal documentation for its status in Greece (passport or ID card). Minors can participate in the program, only with a legal notice of their parents accompanied by medical certificates of good health and legal documentation for its status in Greece (passport or ID card)

No one is eligible to participate in the program, without the submission of the above legal documentation.



BENEFITS OF THIS PROGRAMME

FIT FOR ALL participants will have the opportunity to follow any program offered by the municipality of Heraklion, in the municipal sports centers of the city. In addition, you will have the opportunity to follow sports programs, in sports clubs that hosted the municipal sports centres of Heraklion which support the program. In all cases, participants will have the opportunity to follow programs for free until the end of 2018 (31/12/2018).

In addition to the monitoring programmes carried out in the municipal sports centres, program participants will have the opportunity to attend any other sporting action is implemented in the city of Heraklion by the Cultural Affairs Department Sport and these include, the next Village Camp, summer CAMP, Summer in the Indoor New Closed Sports Hall and many other sporting activities organized by the municipality of Heraklion with other agencies of the city Also within the framework of this programme, all participants in this, will receive sports equipment, including: athletic bag, track suits, athletic t-shirt, towel and type Jockey Cap.

Finally, participants in the program will be given free bus tickets, for travel from places of residence to the sports centres

ACTIONS OF THE PROGRAM

The program includes the following actions (major activities follow):

- **Distribution, collection and study of anonymous fitness and wellness questioners**
- **First familiarization meeting of the participants with the Sport Facilities of Heraklion City**
 - **Participation in sport physical activities**
- **First networking meeting of participants with local clubs and sport organizations** -
 - Participation in physical and Sport activities**
- **Second familiarization meeting of the participants with the Sport Facilities of Heraklion City** - **Participation in sport physical activities**
- **Second networking meeting of participants with local clubs and sport organizations** -
 - Participation in physical and Sport activities**
- **Distribution of sport material to the participants**
- **Participation of the beneficiaries to the sports activities of Heraklion City:**
 - **Participation in the 14th, 15th, 16th, 17th, 18th, 19th Village Camps**
 - **Participation in Indoor Summer Camp**
 - **Participation in the kids program entitles « Sport for all»**
 - **Participation in the program «Be familiar with Pankrition Stadium»**
 - **Participation in the program «Be familiar with Paralympics Sports»**
- **Participation of the beneficiaries in the daily sport and cultural activities of the Municipal Sport Organisations.**
- **Participation in the Final Sports Activities in the “Cultural and Sports Festival”**

A. PERSONAL AND DEMOGRAPHIC INFORMATION

PLEASE FILL THE FOLLOWING SHEET - ANONYMOUS		
Please indicate the city you live:		
What is your profession:		
What is your age:		
What is your Nationality:		
What is your speaking language:		
Your birthday; (date • month • year):		
What is your height in meters:		
What is your weight in Kilograms:		
What is your sex:	Female	Male
Have you ever been diagnosed with one of the following illness:	Heart problems	
	Diabetes	
	Myoskeletal Disorders	
	Obesity	
	Joint disorders - problems	
	Breathing Problems	
	Osteoporosis	
	[other]	
Are you interested in participating in sports activities:	YES	NO
Do you do any sports frequently; (3 times/week):	YES	NO
Do you have any previous experience in sports or similar activities:	YES	NO

B. TRENDS TO PHYSICAL ACTIVITY or SPORTS

Please indicate the physical activity or sport you would prefer to follow					
	NO THANKS	POSSIBLY	YES I DO	MUCH	VERY MUCH
Walking					
Cycling					
Using a local gym					
Walking & Running in a gym					
Activities for Women (only women)					
Swimming in a pool					
Dancing (Traditional & Classic, Modern)					
Therapeutic Gymnastics					
Football					
Basketball					
Volleyball					
Parent & Kids Activities					
Boccia					
Gymnastic & Trampoline					
Rhythmic					
Fencing					
Multisport Activities (activities of different sports)					
Wrestling - Boxing					
(other)					
(other)					
(other)					



FIT FOR ALL

INFORMATION POINTS

DEPARTMENT OF EUROPEAN PROGRAMMES, MUNICIPALITY OF HERAKLION

Phone: 2813409199, 2813409178

Email: drosou@heraklion.gr

PANKRITON STADIUM GYM

Phone: 2810 264560, Fax: 2810264561,

Email: pagritio@aahaeta.gr

MUNICIPAL ACADEMY OF SWIMMING

Phone: 2810 264570, Fax: 2810264561,

Email: kolimvitirio@aahaeta.gr

MUNICIPAL ACADEMY OF DANCE (PANKRITON STADIUM)

Phone: 2810 264590/591, Fax: 2810264561

MUNICIPAL SPORTS AND CULTURAL CENTRE OF HERAKLION GYM

Phone: 2810 264590/591, Fax: 2810264561



**MUNICIPALITY OF
HERAKLION**



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